















# Moon & Spoon Allergen Check List
















Meat & Fish	Main Ingredient	 Egg	 Milk	 Fish	 Gluten	 Crusta	 Peanut	 Mollusc	 Celery	 Mustard	 Lupin	 Soya	 Nuts	 Sulphur	 Sesame	
Bella Italia	Chicken		✓		✓Wheat				✓			✓				
Bilbo Bangers	Pork		✓	✓	✓Wheat & Barley				✓			✓		✓		
Bold Bart's Bake	Chicken		✓		✓Wheat							✓				
Busters Beef Stew	Beef		✓		✓Wheat				✓			✓				
Beef Stew – No potato cubes	Beef		✓		✓Wheat				✓			✓				
Captains Catch	Tuna		✓	✓	✓Wheat				✓	✓				✓		
Cheering Chicken Casserole	Chicken		✓		✓Wheat				✓			✓				
Cheeky Chilli	Beef		✓						✓			✓		✓		
Cheeky Chilli – No Cheese	Beef		✓						✓			✓		✓		
Clever Cloggs Pie	Beef		✓		✓Wheat				✓			✓				
Clever Cloggs Pie – Lactose Free	Beef				✓Wheat				✓			✓				
Cool Chicken Curry	Chicken				✓Wheat				✓	✓		✓		✓		
Crazy Chicks Pie	Chicken		✓						✓			✓				
Fantastic Fish Goujons	Haddock	✓		✓												
Grow Up Cheeky	Beef		✓		✓Wheat				✓			✓		✓		

## Key

- ✓ Denotes allergen is present in this dish
- Where an allergen is not declared we cannot guarantee that equipment before cleaning was used to make products containing the allergen.

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Kung Fu Korma	Turkey		✓		✓ Wheat				✓	✓		✓			
Korny Korma	Turkey		✓		✓ Wheat				✓	✓		✓			
Lovely Lasagne	Beef	✓	✓		✓ Wheat				✓			✓			
Mighty Meatballs	Beef & Pork		✓		✓ Wheat				✓			✓			
Mighty Meatballs – No Cheese Lactose Free	Beef & Pork				✓ Wheat				✓			✓			
Silly Sausage Surprise	Pork		✓		✓ Wheat				✓			✓		✓	
Snakes in a Bake	Beef		✓		✓ Wheat				✓			✓			
Snakes in a Bake – No Cheese Lactose Free	Beef				✓ Wheat				✓			✓			
Sweet Summer Pie	Chicken		✓		✓ Wheat							✓			
Tikka Boo	Chicken		✓						✓			✓			
Tunnels & Tents	Chicken		✓	✓	✓ Wheat & Barley				✓			✓		✓	
Tunnels & Tents – No Cheese	Chicken		✓	✓	✓ Wheat & Barley				✓			✓		✓	
Tiddlers Fish Pie	Salmon		✓	✓	✓ Wheat				✓	✓		✓			
Shoot Up Curry	Chicken				✓ Wheat				✓	✓		✓		✓	
Sticky Sweet & Sour	Chicken				✓ Barley				✓			✓		✓	

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