



**moon
& spoon**TM
Proper food for
little people.

Full Menu 2022

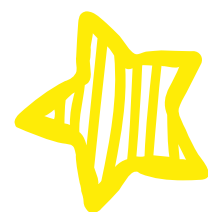
Get in Touch:

NI: (028) 4175 4646

ROI: (01)531 4187

hello@moonandspoon.com

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Pasta Dishes

BELLA ITALIA

Tender chicken breast in tomato and marscapone cheese sauce, pinched with chilli flakes and topped with Irish Cheddar Cheese

LITTLE ITALY (Vegetarian)

Penne Pasta smothered in our own classic tomato Mother's Sauce, topped with cheese and served with Garlic Toast (Available Lactose-Free)

LOVELY LASAGNE

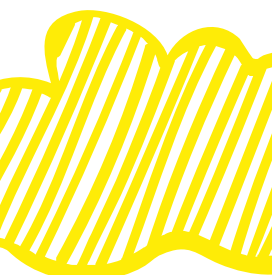
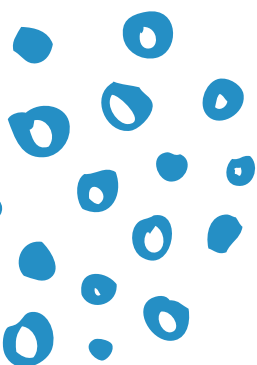
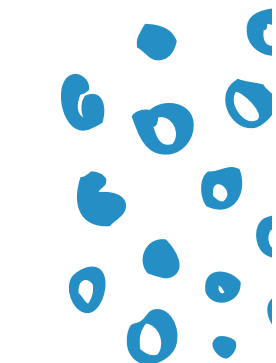
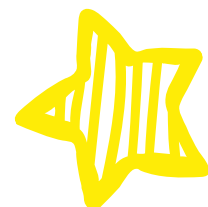
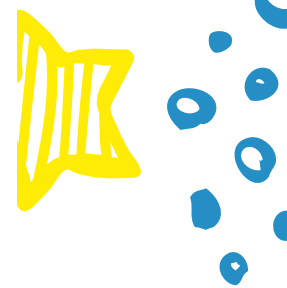
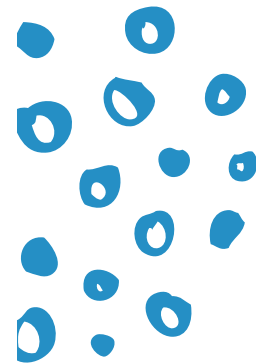
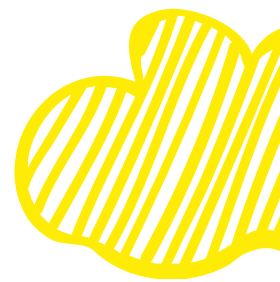
Layers of pasta filled with Lean Irish Mince in our Classic Mothers Tomato Sauce, topped with Bechamel Sauce and Irish Cheddar Cheese

MIGHTY MEATBALLS

Mini Meatballs in a Classic Tomato & Basil sauce on a bed of spaghetti, topped with Irish Cheddar Cheese (Available Lactose-Free)

SNAKE IN A BAKE

Spaghetti Bolognese in our Classic Mothers sauce blended with vegetables and an infusion of herbs, topped with Irish Cheddar Cheese (Available Lactose-Free)



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Pasta Dishes

SPAGHETTI READY (Vegetarian)

Vegetarian Bolagnaise with our Famous Mother's Sauce and Puy Lentils, served over Spaghetti, topped with Cheddar Cheese. Available Lactose Free.

SNOW WHITES DELIGHT (Vegetarian)

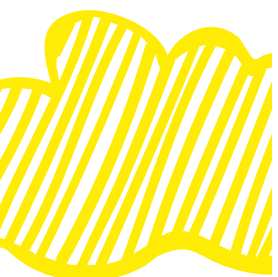
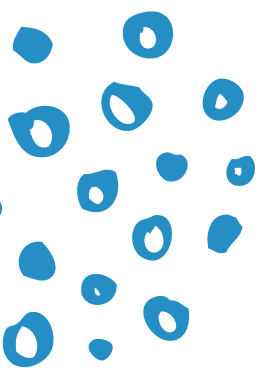
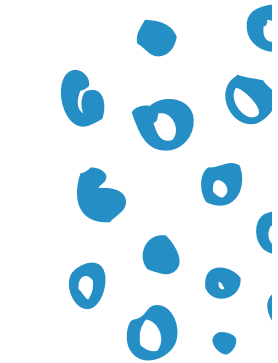
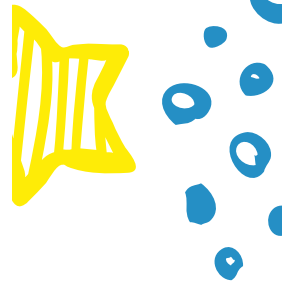
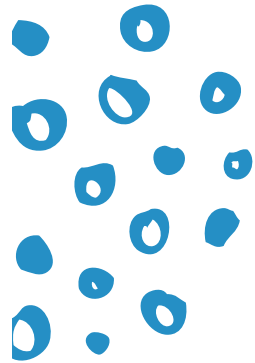
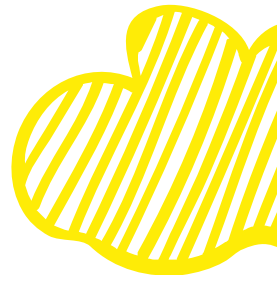
Baby Vegetables in a cauliflower and cheddar cheese sauce on a bed of Pasta Shells

TUNNELS & TENTS

Tender Chicken Breast in our Mother's Sauce with Broccoli Florets, Red & Yellow Peppers with Penne Pasta, topped with Cheddar Cheese

TEE HEE TOFU (VEGETARIAN)

Tasty Tofu in our signature mother's sauce with broccoli florets and pasta, topped with Cheddar Cheese



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Rice Dishes

CHEEKY CHILLI

Lean Irish Mince with Haricot Beans, pinched with Chilli Flakes, topped with cheese & served on a bed of fluffy rice (can be served without cheese)

COOL CHICKEN CURRY

Tender Chicken Breast in a Mild Curry Sauce with Vegetables & Mango served with Fluffy Rice

KUNG FU KORMA

Tender Irish Turkey Breasts in a Delicately spiced Coconut & Coriander Sauce, blended with vegetables & Served with Fluffy Rice

STICKY SWEET AND SOUR

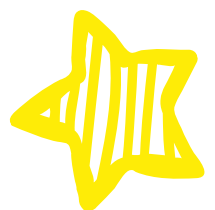
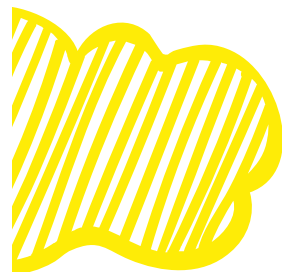
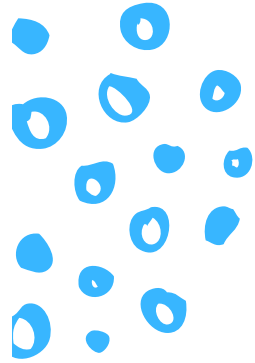
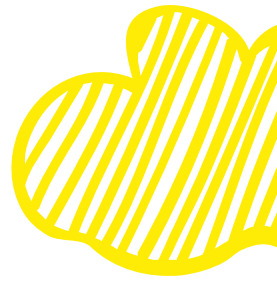
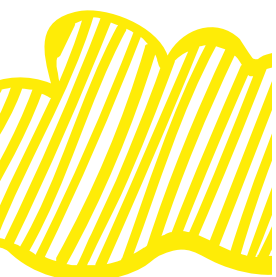
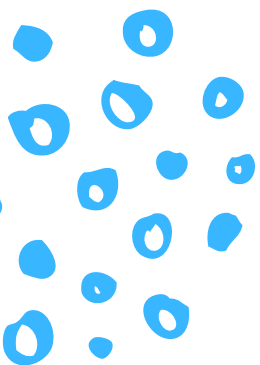
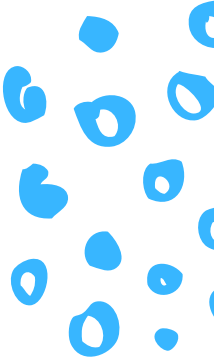
Tender Chicken Breast in a Mild Sweet & Sour Sauce with Pineapple, served with Fluffy Rice

TIKKA BOO

Tender Eastern Spiced Chicken Breast, in a mild Coconut Sauce with chickpeas, served with Fluffy Rice

CHILLI BEAN BOUNCE (VEGETARIAN)

A delicious cassoulet full of beans (haricot beans, kidney beans & chickpeas) with tasty vegetables infused with herbs and spices on a bed of fluffy rice. Topped with Irish Cheddar Cheese



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Rice Dishes

COOL VEGETABLE CURRY (VEGETARIAN)

A Mild Curry sauce with Seasonal Vegetables & Mango served with Fluffy Rice

GROW UP CHEEKY

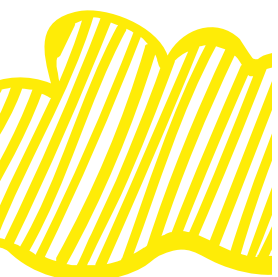
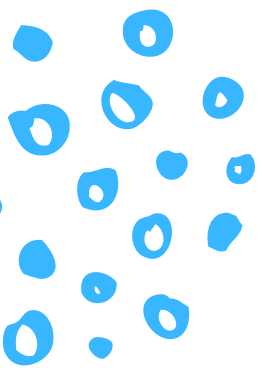
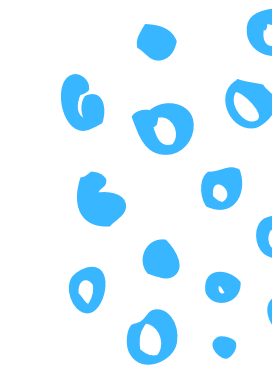
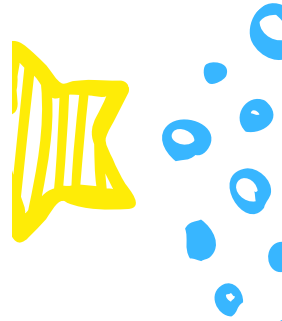
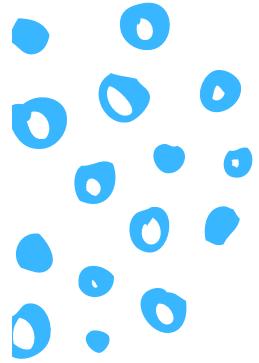
Lean Irish Mince with Haricot Beans, pinched with Chilli Flakes, topped with cheese. Served with a side of Fluffy Boiled Rice.

SHOOT UP CURRY

Tender Chicken Breast in a Mild Curry Sauce with Vegetables and Mango. With a side of Fluffy Boiled Rice.

KORNY KORMA

Tender Irish Turkey Breasts in a Delicately spiced Coconut & Coriander Sauce with Sweetcorn. Served with a side of Fluffy Boiled Rice.



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Casserole Dishes

BILBO BANGERS

Wholesome casserole with Pork Sausages, Carrots & Turnips in a Tasty Gravy topped with Creamy mash

BUSTERS BEEF STEW

Slow roasted Irish Beef with Seasonal Vegetables and Potatoes in a delicious gravy sauce

CHEERING CHICKEN CASSEROLE

Tender Chicken Breast with Seasonal Vegetables and Potato in a herb-infused gravy

CLEVER CLOGS PIE

Traditional Cottage Pie with Lean Irish Mince, Chunky Carrots & Peas in a rich gravy topped with Mash Potato & Cheese (Available Lactose Free)

CRAZY CHICK PIE

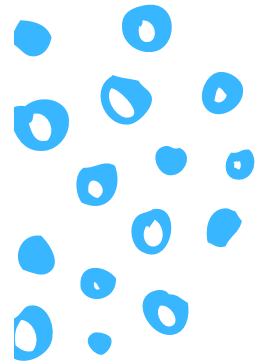
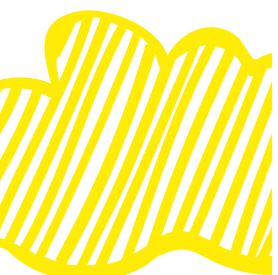
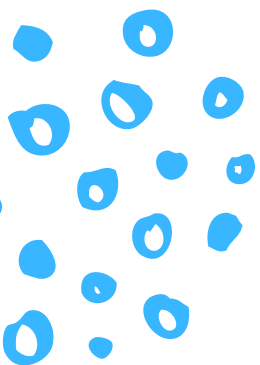
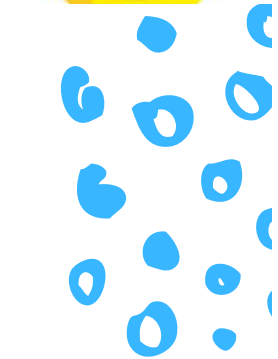
Tender Chicken Breasts with Seasonal Vegetables topped with Creamy Mashed Potato

SILLY SAUSAGE SURPRISE

Pork Chipolatas in a Plum Tomato Sauce with Haricot Beans & topped with 'Skin on' Sauteed Potatoes

SWEET SUMMER PIE

Succulent pieced of Chicken Breast with Sauteed Leeks in a Delicate Yellow Pepper Sauce topped with Creamy Mash



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Casserole Dishes

BOLD BARTS BAKE

Tender Chicken Breast with Broccoli in a creamy sauce topped with Mash Potato & Breadcrumb

GOLDBLOCKS GOODNESS (VEGETARIAN)

Rainbow of Vegetables in a Creamy Sauce topped with our 'Skin On' Potatoes

LIPPY LENTIL PIE (VEGETARIAN)

Puy Lentils & Quinoa Casserole with Seasonal Vegetables topped with our Minnie's Mash

CAPTAINS CATCH

Flakes of Dolphin Friendly Tuna in a Bechamel Sauce & Petit Pois with a topping of Carrot & Turnip Mash

TIDDLERS PIE

Baked Salmon flaked in a Creamy Chowder Sauce with Petit Pois, Sweetcorn & Minnie's Mash

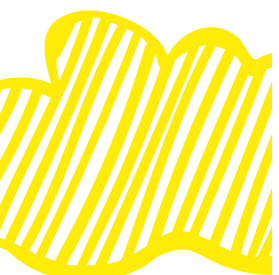
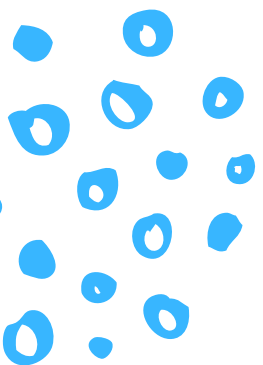
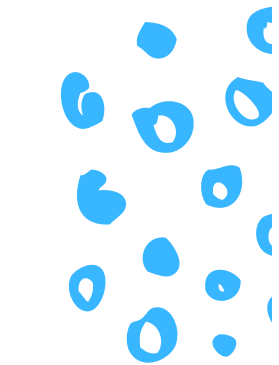
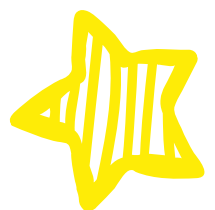
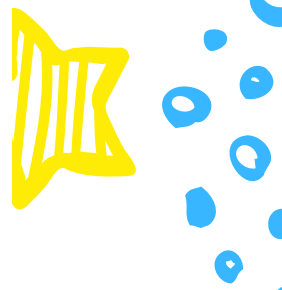
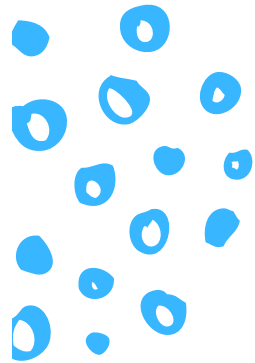
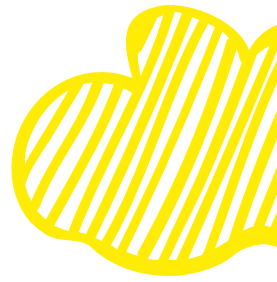
Breaded Treats

GOODY CHICKEN GOUJONS

Tender Chicken Breast Goujons in Breadcrumbs served with Minnie's Mash, Homemade Chicken Gravy & Buttered Carrots or Peas

FANTASTIC FISH GOUJONS

Irish Haddock Goujons with Vegetables, coated in a crispy Gluten Free Breadcrumb



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Soups

CHICKEN & VEGETABLE SOUP

POTATO & LEEK SOUP

TOMATO & BASIL SOUP

VEGETABLE & LENTIL SOUP

OODLES OF NOODLES SOUP

SIDES

BOILED RICE

GARLIC BREAD

GRAVY

MINNIE MASH

MINNIE MASH (DAIRY FREE)

PEAS

PUREED CARROTS & TURNIP

ROAST POTATO CHUNKS

SLICED CARROTS IN BUTTER

SAUCE

